**Minutes LAO AGM, June 19, 2018**

**June 19, 2018 Minutes of LAO Virtual AGM created from stored audio recording.  Due to technological deficiencies with platform some audio files were blank. Best attempts have been made to create accurate minutes of this meeting.**

**Physical attendance: Pouya Arefi, Cindy DeGraff, Ben Ciallella, Charlotte Schultz, and Tony Wight**

**Welcome and opening remarks:** *Ben Ciallelli, Meeting was called to order at 6 p.m. General housekeeping remarks as well as announcement.*

**Quorum:** *Quorum is 35 voting members (25% of possible 138 Active Individual Members). There were 22 on-line voters, 14 members in attendance (physicaly and on the call. Total 36 voting members took part; quorum reached.*

**Introduction of Current Board of Directors**; Pouya Arefi, Ben Ciallelli, Debbie Ciotti-Bowman, Charlotte Schulz, Cindy De Graaff and Liisa Morley.

Ben announce resignation of Cindy De Graaff, Director for two years and current Secretary of the Board.  She was thanked for all her hard work and dedication to the LAO.

**Motion to approve Agenda;** 1st and 2nd made by persons that physically attended. Discussion? None. Show of hands - All in favour - 36, opposed - 0, abstain - 0. Motion carried.

**Motion to approve Minutes of 2017 AGM;** 1st and 2nd made by persons that physically attended. Discussion? None. Show of hands - All in favour - 36, opposed - 0, abstain - 0. Motion carried.

**New Board member nominees Ana Stosic and Tony Wight were introduced.**

**Motion to approve appointment of Ana Stosic as a Director of LAO;** 1st and 2nd made by persons that physically attended. Discussion? None. Show of hands - All in favour - 36, opposed - 0, abstain - 0. Motion carried.

**Motion to approve appointment of Tony Wight as a Director of LAO;** 1st and 2nd made by persons that physically attended. Discussion? None. Show of hands - All in favour - 36, opposed - 0, abstain - 0. Motion carried.

**Ben presented the financial statements for year-end 2018.**

**Motion to approve Financial Statements as presented;** 1st and 2nd made by persons that physically attended. Discussion? None. Show of hands - All in favour - 36, opposed - 0, abstain - 0. Motion carried.

**Motion to approve Melissa Coulson as CPA for YE 2019;** 1st and 2nd made by persons that physically attended. Discussion? None. Show of hands - All in favour - 36, opposed - 0, abstain - 0. Motion carried.

**Report to Members on the work of the Advocacy and Education Committee:**

Debbie Ciotti-Bowman reported on the results of the Therapist Survey and our hopes for future advocacy work of the LAO. Therapist survey illustrating dynamics of 2,686 Ontarian being treated by LAO listed certified lymphedema therapist. Educational and Networking plans reviewed. Hopes of implementing educational and information/support session for Ontarians affected by lymphedema. Aims of further networking with cancer clinics and educational events.

Charlotte Schultz reported on the work of the HelpLine and her Educational activities over the past year.

BOD answered questions from membership regarding optimal therapies and current options such as surgery.

**Report to Members on the work of the Events Committee:**

Ana Stosic reported on the upcoming Scotiabank Marathon in Toronto, ON that the LAO is registered for this coming October 21st, 2018.  Members, family, and friends will have the option to participate as a runner, walker, or sponsor A package for members instructing them how to support this initiative will be made available soon.

Ana Stosic reports on the upcoming 2nd Annual LE Awareness walk in LaSalle, ON on September 23rd, 2018.

Ramona Herman, LE therapist in North Bay reported on her activities to promote Lymphedema awareness and fundraising activities for the LAO this coming summer.  She will be hosting a Ram Rodeo Event in support of the LAO on July 7-8 2018 in Rutherglen, ON.

**Motion Adjourn business part of AGM;** 1st and 2nd made by persons that physically attended. Discussion? None. Show of hands - All in favour - 36, opposed - 0, abstain - 0. Motion carried.

**Presentations by Directors Charlotte Schulz and Debbie Ciotti-Bowman**

**Special Guest Speaker: Ann DiMenna PT (CDT)**

***Self- manual Lymphatic Drainage, Self- management Strategies for Lymphedema***

Ann presented a comprehensive overview of the lymphatic system and the importance of treatment and self care to manage lymphedema.  She also gave a hands on demonstration of how to do manual lymphatic drainage on your arm and legs.

Ann DiMenna answered questions from membership regarding therapies and manual lymphatic drainage.