

Lymphedema MATTERS

SUMMER 2020

ONTARIO
RESOURCES

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Please check out our E-Newsletter of Lymphedema Matters on LymphOntario.ca or via email, as well as weekly updates on Twitter, Facebook and Instagram.

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Contact Maddie at 519-890-3068 or
maddie.simone@yahoo.com

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All therapists listed have provided proof of their CDT certification from a LANA approved school where they received a minimum of 135 hours of post graduate training in lymphedema.

Disclaimer: Therapists pay to be members of the LAO which includes a listing of their services. The LAO is not responsible for the services performed or rates charged.

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Prevalence of Lymphedema for Canadians

Chronic Venous Insufficiency: Undetermined

	Canada 1 million for 36 million population*	Ontario 388,920 for 14 million population**
Morbid obesity related	570,000	221,684
Cancer related	310,000	120,565
Disabilities/chair-bound	83,000	31,114
Surgeries (non-cancer)	40,000	15,557
Primary lymphedema	20,000	7,778

Mean incidence of cancer related lymphedema from systematic reviews

- All cancers: 15%
- Breast cancer: 18%
- Melanoma: 18% lower extremity 3% upper extremity
- Gynecological: 20% uterine, cervical, vulvar
- Genitourinary: 10% prostate, bladder, penile
- Sarcoma: 30%
- Head and neck: 4%

Reference: Shaitelman et al 2015

*USA up to 10 million LE (Stanford) extrapolated to Canada = 1 million.
Canadian Lymphedema Framework 2018 **National Census 2016.
All numbers shown are approximate



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The Lymphedema Association of Ontario (LAO) offers:

SUPPORT by offering information on lymphedema treatment, products, resources, CDT certified therapists, registrants of the Assistive Device Program (ADP) and support groups in Ontario through our toll free information line, email, newsletters and website*

OUTREACH through our website, newsletter, educational events geared to patients, those at risk and health care professionals

ADVOCACY for improved access to treatment and increased health care and insurance coverage

COLLABORATION by strengthening partnerships with all stakeholders, promoting research and contributing to a stronger lymphedema community

*We do not provide medical advice or treatment

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